

**East District Age Group Championships**

Michael Woods Centre, Glenrothes – 3rd November 2013

Session 3 – Results**Event 201 Boys 10-12 1500 Metre Freestyle**

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
					450	500	550	600	650	700	750	800
					850	900	950	1000	1050	1100	1150	1200
					1250	1300	1350	1400	1450	1500		
1	Keir Edgar	12	Carnegie	18:32.39	32.44	1:08.72	1:45.84	2:22.56	2:59.28	3:36.32	4:13.78	4:51.41
					5:28.60	6:06.49	6:43.74	7:21.50	7:58.81	8:36.83	9:14.68	9:52.55
					10:30.02	11:08.03	11:46.63	12:24.40	13:02.41	13:40.14	14:17.87	14:56.19
					15:33.95	16:09.86	16:46.74	17:23.48	17:59.02	18:32.39		
2	Archie Goodburn	12	Warrender	18:50.66	32.44	1:08.49	1:45.50	2:22.44	2:59.13	3:36.08	4:13.84	4:51.38
					5:28.83	6:06.29	6:43.74	7:21.30	7:58.89	8:36.71	9:14.59	9:52.82
					10:30.88	11:08.07	11:46.53	12:24.89	13:02.94	13:40.49	14:19.05	14:57.11
					15:34.27	16:13.15	16:53.49	17:33.96	18:13.31	18:50.66		
3	Finlay Hart	12	Tranent	19:08.26	32.52	1:10.37	1:49.13	2:28.12	3:07.00	3:45.98	4:24.94	5:03.07
					5:41.95	6:20.71	7:00.01	7:38.76	8:17.50	8:56.45	9:35.76	10:14.48
					10:53.48	11:32.41	12:11.11	12:50.07	13:29.42	14:08.45	14:46.77	15:25.59
					16:04.08	16:41.95	17:19.75	17:57.36	18:34.71	19:08.26		
4	Harris Bruce	12	Carnegie	19:10.08	33.40	1:10.12	1:48.28	2:25.70	3:03.47	3:41.36	4:19.74	4:57.94
					5:36.55	6:14.93	6:53.50	7:33.01	8:12.42	8:50.59	9:28.90	10:07.53
					10:46.76	11:25.93	12:05.00	12:44.48	13:22.97	14:01.89	14:41.37	15:20.12
					15:59.08	16:38.15	17:16.99	17:55.91	18:34.38	19:10.08		
5	Daniel Ferguson	12	Trojan	19:26.81	31.98	1:08.58	1:46.30	2:25.02	3:02.94	3:41.40	4:19.94	4:58.19
					5:36.29	6:15.46	6:53.39	7:32.89	8:12.20	8:51.87	9:32.46	10:11.57
					10:51.99	11:29.55	12:10.84	12:51.09	13:31.34	14:11.25	14:50.85	15:31.53
					16:12.83	16:51.88	17:33.20	18:08.31	18:49.95	19:26.81		
6	Jamie Macdonald	12	Warrender	19:30.64	33.74	1:10.77	1:48.73	2:27.50	3:05.80	3:45.11	4:24.11	5:03.76
					5:43.94	6:23.33	7:02.54	7:41.81	8:21.77	9:01.15	9:41.08	10:20.71
					10:59.79	11:40.19	12:19.70	12:58.96	13:39.34	14:20.40	14:59.77	15:39.84
					16:20.35	16:59.54	17:38.50	18:17.85	18:56.46	19:30.64		
7	Joe Ewing	11	Warrender	19:30.69	34.29	1:12.34	1:50.84	2:29.91	3:08.86	3:47.70	4:26.70	5:06.07
					5:45.28	6:24.27	7:03.44	7:42.86	8:21.95	9:01.34	9:41.31	10:20.88
					11:00.52	11:40.18	12:19.49	12:59.10	13:38.77	14:17.97	14:57.55	15:36.99
					16:16.67	16:55.76	17:35.50	18:14.53	18:53.75	19:30.69		
8	Greig Rowe	12	Carnegie	19:37.94	33.87	1:11.64	1:50.86	2:29.74	3:08.87	3:48.33	4:26.97	5:06.47
					5:46.23	6:25.91	7:05.60	7:45.87	8:26.03	9:06.41	9:46.56	10:26.70
					11:06.81	11:46.95	12:26.97	13:06.90	13:46.85	14:26.44	15:06.01	15:45.07
					16:25.04	17:04.31	17:44.21	18:23.18	19:01.94	19:37.94		
9	Charles De Beaux	12	Warrender	20:06.21	35.39	1:14.75	1:54.54	2:34.43	3:14.66	3:54.93	4:35.55	5:16.78
					5:56.88	6:38.73	7:19.70	8:00.60	8:42.41	9:23.48	10:03.57	10:44.01
					11:24.22	12:04.93	12:45.18	13:26.00	14:05.95	14:47.63	15:29.12	16:09.50
					16:49.76	17:29.94	18:09.57	18:49.83	19:29.29	20:06.21		
10	Callum Barnes	12	Carnegie	20:15.84	33.99	1:12.13	1:51.23	2:30.71	3:11.01	3:50.74	4:30.47	5:10.90
					5:51.31	6:31.53	7:11.52	7:51.80	8:31.92	9:12.62	9:53.04	10:33.74
					11:14.77	11:55.55	12:36.22	13:15.20	13:55.26	14:36.01	15:17.65	15:59.63
					16:41.61	17:23.40	18:07.14	18:52.00	19:35.95	20:15.84		
11	Daniel Steedman	11	Tranent	20:56.47	33.67	1:14.79	1:58.55	2:40.68	3:22.77	4:05.03	4:47.76	5:28.29
					6:11.48	6:54.47	7:38.13	8:21.18	9:03.54	9:46.66	10:28.77	11:07.38
					11:52.29	12:36.10	13:18.07	14:01.92	14:43.51	15:26.07	16:07.48	16:48.45
					17:31.34	18:13.13	18:54.89	19:36.75	20:16.77	20:56.47		

Event 201 Boys 13 Year Olds 1500 Metre Freestyle

Name		Age	Club	Time	50	100	150	200	250	300	350	400
					450	500	550	600	650	700	750	800
					850	900	950	1000	1050	1100	1150	1200
					1250	1300	1350	1400	1450	1500		
1	Andrew McKnight	13	Haddington	18:18.37	30.63	1:06.31	1:42.60	2:18.61	2:54.05	3:30.63	4:06.88	4:43.48
					5:19.92	5:56.87	6:33.61	7:10.62	7:47.58	8:24.72	9:02.05	9:39.25
					10:16.71	10:53.69	11:30.98	12:08.30	12:45.18	13:22.90	14:00.36	14:37.62
					15:15.09	15:52.19	16:29.33	17:06.93	17:43.79	18:18.37		

**East District Age Group Championships**

Michael Woods Centre, Glenrothes – 3rd November 2013

Session 3 – Results**Event 201 Boys 13 Year Olds 1500 Metre Freestyle (continued)**

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
2 Harvey Tait	13	Heart Of Mid	18:47.09	33.06	1:09.06	1:46.45	2:24.32	3:02.62	3:40.72	4:18.87	4:57.22
				5:35.10	6:13.26	6:51.93	7:29.18	8:06.75	8:45.25	9:22.53	10:00.67
				10:39.24	11:17.37	11:55.93	12:34.28	13:13.27	13:51.16	14:29.19	15:08.10
				15:46.21	16:23.58	17:00.31	17:37.91	18:13.43	18:47.09		
3 Fraser Allison	13	Inverleith	19:17.71	32.66	1:08.91	1:46.35	2:24.12	3:02.23	3:40.70	4:19.01	4:57.41
				5:36.39	6:15.86	6:55.21	7:34.22	8:13.44	8:53.36	9:33.01	10:12.22
				10:51.73	11:31.16	12:10.61	12:49.83	13:29.67	14:08.28	14:48.00	15:27.33
				16:06.71	16:45.86	17:25.29	18:04.40	18:41.56	19:17.71		
4 Matthew King	13	Carnegie	19:34.61	33.81	1:10.52	1:48.65	2:26.75	3:05.06	3:43.64	4:22.58	5:00.97
				5:40.25	6:19.25	6:58.53	7:37.63	8:17.93	8:57.36	9:37.52	10:17.05
				10:56.76	11:36.34	12:16.60	12:56.82	13:36.53	14:17.38	14:58.32	15:38.42
				16:18.74	16:58.94	17:39.22	18:19.90	18:57.65	19:34.61		
5 Declan Till	13	Heart Of Mid	19:43.43	33.97	1:12.48	1:52.22	2:31.55	3:10.68	3:50.84	4:29.78	5:09.99
				5:50.18	6:30.21	7:10.87	7:50.39	8:31.26	9:11.77	9:51.50	10:31.11
				11:11.48	11:51.67	12:31.57	13:11.91	13:51.24	14:31.35	15:11.99	15:50.83
				16:30.92	17:11.44	17:48.69	18:28.92	19:06.63	19:43.43		
6 James Beattie	13	Carnegie	20:08.12	35.40	1:14.77	1:53.73	2:32.00	3:11.35	3:51.34	4:31.09	5:11.19
				5:51.21	6:32.20	7:12.81	7:52.97	8:34.19	9:16.03	9:58.30	10:41.80
				11:23.78	12:05.24	12:46.30	13:27.65	14:08.97	14:50.13	15:30.13	16:10.04
				16:50.52	17:30.60	18:10.80	18:52.25	19:32.30	20:08.12		

Event 201 Boys 14 Year Olds 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Jack Harrison	14	InCAS	16:58.50	29.68	1:02.61	1:35.63	2:09.50	2:43.70	3:17.91	3:52.26	4:26.47
				5:00.46	5:34.94	6:09.09	6:43.75	7:18.77	7:53.30	8:28.62	9:03.09
				9:37.50	10:11.85	10:46.39	11:21.35	11:55.73	12:30.28	13:04.67	13:39.21
				14:12.88	14:46.61	15:20.81	15:54.65	16:27.08	16:58.50		
2 Toby Douglas	14	Eyemouth	17:06.35	29.13	1:02.42	1:36.58	2:10.88	2:45.30	3:19.49	3:53.91	4:28.37
				5:03.02	5:37.97	6:12.88	6:48.12	7:22.66	7:57.10	8:31.66	9:06.41
				9:40.60	10:15.23	10:49.68	11:24.07	11:58.90	12:33.80	13:08.76	13:42.59
				14:16.58	14:51.41	15:25.86	15:59.81	16:33.86	17:06.35		
3 James Collyer	14	Carnegie	17:20.01	30.15	1:04.39	1:38.73	2:13.65	2:48.34	3:22.75	3:57.50	4:32.39
				5:07.41	5:42.39	6:17.66	6:52.73	7:27.52	8:02.54	8:37.59	9:12.45
				9:47.14	10:21.96	10:57.22	11:31.79	12:06.63	12:42.14	13:18.15	13:52.78
				14:28.24	15:03.78	15:38.97	16:14.15	16:48.41	17:20.01		
4 Fraser Beeby	14	Carnegie	17:33.27	30.25	1:03.74	1:38.06	2:12.82	2:47.64	3:22.44	3:57.74	4:32.88
				5:08.43	5:43.60	6:19.01	6:54.42	7:29.97	8:05.70	8:41.01	9:16.42
				9:51.93	10:27.83	11:03.36	11:39.20	12:14.90	12:50.73	13:26.71	14:02.75
				14:38.24	15:13.13	15:48.88	16:24.62	17:00.22	17:33.27		
5 George Clough	14	Warrender	17:34.80	30.06	1:03.55	1:37.67	2:11.87	2:46.03	3:20.28	3:54.93	4:29.92
				5:04.99	5:39.79	6:14.78	6:50.24	7:25.21	8:00.81	8:36.71	9:12.25
				9:47.54	10:23.21	10:58.66	11:35.11	12:11.46	12:47.75	13:22.72	14:00.11
				14:37.40	15:12.13	15:49.27	16:25.50	17:01.39	17:34.80		
6 Ruairidh Lawless	14	Carnegie	17:36.17	30.80	1:05.11	1:40.19	2:15.17	2:50.12	3:25.37	4:00.29	4:35.84
				5:11.70	5:47.19	6:23.54	6:58.87	7:35.05	8:10.67	8:46.72	9:22.45
				9:57.90	10:33.90	11:09.37	11:44.54	12:20.63	12:55.63	13:31.13	14:06.55
				14:42.07	15:17.87	15:53.83	16:28.50	17:03.81	17:36.17		
7 Ryan Davidson	14	Aquanauts Li	18:40.14	31.50	1:06.79	1:42.97	2:20.18	2:57.62	3:35.14	4:13.30	4:50.99
				5:28.82	6:07.29	6:45.66	7:23.85	8:01.82	8:39.71	9:17.98	9:56.03
				10:34.11	11:11.98	11:50.50	12:28.32	13:06.31	13:43.59	14:21.35	14:58.63
				15:36.18	16:13.70	16:51.23	17:28.31	18:04.62	18:40.14		

**East District Age Group Championships**

Michael Woods Centre, Glenrothes – 3rd November 2013

Session 3 – Results**Event 201 Boys 14 Year Olds 1500 Metre Freestyle (continued)**

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
8 Brodie Savage	14	Warrender	18:43.04	31.30	1:07.77	1:45.21	2:22.78	3:00.41	3:37.90	4:15.78	4:53.68
				5:31.56	6:09.67	6:46.91	7:24.72	8:02.43	8:40.25	9:18.60	9:56.49
				10:34.42	11:12.26	11:50.28	12:28.97	13:05.62	13:43.08	14:20.65	14:58.18
				15:36.37	16:14.13	16:52.69	17:30.68	18:08.11	18:43.04		
9 Finlay Dewar	14	Peebles	19:06.87	33.01	1:09.72	1:47.45	2:25.10	3:03.44	3:41.46	4:20.15	4:58.31
				5:37.02	6:15.21	6:53.63	7:32.42	8:10.93	8:49.91	9:29.12	10:07.75
				10:46.50	11:24.72	12:04.20	12:42.80	13:21.66	14:00.20	14:38.29	15:17.30
				15:56.18	16:34.97	17:13.62	17:52.78	18:30.52	19:06.87		

Event 201 Boys 15 Year Olds 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Ryan Brown	15	Kelso	16:19.14	29.21	1:02.03	1:34.89	2:08.03	2:41.06	3:14.10	3:47.02	4:20.37
				4:52.96	5:25.92	5:58.68	6:31.71	7:04.70	7:37.70	8:10.45	8:43.11
				9:15.87	9:48.74	10:21.31	10:54.16	11:26.88	11:59.69	12:32.32	13:04.92
				13:37.79	14:10.40	14:42.86	15:15.15	15:47.53	16:19.14		
2 Cameron Finlayson	15	Heart Of Mid	16:58.19	29.67	1:02.11	1:35.65	2:09.21	2:42.82	3:16.34	3:49.78	4:23.28
				4:57.15	5:31.03	6:04.92	6:38.79	7:13.08	7:47.07	8:21.51	8:56.13
				9:30.48	10:05.48	10:39.60	11:14.56	11:49.60	12:24.11	12:59.12	13:33.60
				14:08.19	14:42.90	15:17.08	15:51.44	16:26.03	16:58.19		
3 Craig McLean	15	Carnegie	16:59.57	29.63	1:02.31	1:35.66	2:08.89	2:42.12	3:15.76	3:49.54	4:23.38
				4:57.26	5:31.39	6:05.44	6:40.22	7:14.56	7:48.92	8:23.28	8:56.59
				9:30.84	10:05.35	10:40.13	11:14.86	11:49.67	12:24.65	12:59.65	13:34.57
				14:09.35	14:44.45	15:19.30	15:54.35	16:28.83	16:59.57		
4 Jack Szaranek	15	Carnegie	17:01.99	29.30	1:02.82	1:36.80	2:11.04	2:44.50	3:18.05	3:51.76	4:25.86
				4:59.68	5:33.87	6:08.60	6:42.69	7:16.90	7:51.22	8:25.73	9:00.20
				9:34.27	10:09.27	10:43.96	11:18.81	11:53.16	12:28.16	13:03.06	13:37.41
				14:11.97	14:46.34	15:20.74	15:55.52	16:29.63	17:01.99		
5 Fraser Gill	15	Aquanauts Li	17:32.29	28.85	1:01.80	1:35.51	2:09.56	2:43.84	3:18.31	3:53.17	4:28.06
				5:03.13	5:37.97	6:12.58	6:47.43	7:22.49	7:57.68	8:32.98	9:08.28
				9:43.97	10:19.44	10:54.90	11:30.16	12:05.65	12:41.74	13:18.12	13:54.64
				14:31.04	15:07.48	15:43.89	16:20.34	16:56.54	17:32.29		
6 Greig Reid	15	Carnegie	17:36.01	31.15	1:05.85	1:41.28	2:16.20	2:51.23	3:26.83	4:02.16	4:37.43
				5:13.04	5:48.66	6:24.49	7:00.30	7:35.99	8:11.98	8:47.73	9:23.84
				9:59.31	10:34.94	11:10.55	11:46.02	12:21.14	12:56.56	13:31.73	14:06.72
				14:42.02	15:17.77	15:53.88	16:29.37	17:04.16	17:36.01		
7 Craig Barnes	15	Carnegie	17:38.19	29.92	1:03.32	1:37.41	2:11.70	2:46.04	3:20.77	3:56.02	4:31.19
				5:06.63	5:42.04	6:18.63	6:55.69	7:32.17	8:08.04	8:43.95	9:19.43
				9:55.10	10:30.25	11:04.96	11:40.10	12:15.18	12:51.18	13:28.41	14:04.89
				14:41.01	15:17.32	15:54.06	16:30.58	17:05.84	17:38.19		
8 Fraser Meadows	15	Warrender	17:38.44	30.24	1:03.93	1:38.92	2:13.98	2:48.87	3:24.07	3:59.52	4:34.51
				5:09.91	5:45.03	6:20.91	6:56.21	7:31.56	8:07.43	8:43.67	9:19.92
				9:56.03	10:32.29	11:08.82	11:44.89	12:21.15	12:57.35	13:32.85	14:08.02
				14:43.81	15:19.78	15:55.89	16:31.81	17:07.01	17:38.44		
9 Jeremy Scott	15	Warrender	17:42.37	30.79	1:05.60	1:40.97	2:16.56	2:52.14	3:27.93	4:03.69	4:39.71
				5:16.21	5:52.43	6:28.02	7:03.61	7:39.28	8:15.12	8:50.51	9:26.19
				10:01.54	10:37.36	11:12.98	11:48.76	12:23.42	12:58.44	13:33.49	14:09.09
				14:44.81	15:20.32	15:56.31	16:31.93	17:07.59	17:42.37		
10 Charlie Smith	15	Haddington	17:55.03	30.78	1:05.71	1:40.85	2:16.07	2:51.02	3:26.18	4:01.73	4:37.45
				5:12.93	5:48.41	6:24.49	7:00.37	7:36.90	8:12.62	8:48.78	9:25.18
				10:01.29	10:37.84	11:14.69	11:51.20	12:27.78	13:04.47	13:41.06	14:18.05
				14:55.13	15:31.76	16:08.39	16:44.83	17:20.92	17:55.03		



East District Age Group Championships

Michael Woods Centre, Glenrothes – 3rd November 2013

Session 3 – Results



Event 201 Boys 15 Year Olds 1500 Metre Freestyle (continued)

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
11 Samuel Jones	15	Livingston	18:00.82	30.78	1:04.92	1:39.46	2:14.03	2:48.79	3:24.01	3:59.40	4:34.82
				5:10.48	5:45.92	6:22.01	6:58.68	7:35.41	8:11.34	8:48.34	9:24.46
				10:01.31	10:38.34	11:15.48	11:52.94	12:30.66	13:07.86	13:45.33	14:21.82
				14:58.86	15:35.18	16:11.45	16:48.38	17:24.99	18:00.82		
12 Greg Turner	15	Burntisland	18:07.12	30.29	1:04.65	1:40.24	2:15.90	2:51.92	3:27.73	4:03.73	4:39.93
				5:16.39	5:53.03	6:29.47	7:06.23	7:43.26	8:20.47	8:57.85	9:34.52
				10:11.08	10:48.49	11:25.10	12:01.60	12:38.29	13:15.16	13:52.30	14:29.28
				15:06.13	15:43.63	16:20.77	16:57.23	17:33.04	18:07.12		

Event 201 Boys 16 & Over 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Mark Szaranek	18	Carnegie	15:58.00	28.71	1:00.54	1:33.10	2:05.94	2:38.66	3:11.01	3:43.42	4:16.00
				4:48.08	5:20.64	5:53.12	6:24.84	6:57.16	7:30.05	8:02.66	8:35.44
				9:08.06	9:40.44	10:12.73	10:44.74	11:16.55	11:48.40	12:19.91	12:51.90
				13:23.87	13:55.77	14:27.45	14:59.18	15:29.59	15:58.00		
2 Fabian Whitbread	21	Warrender	15:59.49	29.45	1:01.52	1:33.98	2:06.75	2:39.32	3:12.08	3:44.52	4:17.25
				4:49.94	5:22.02	5:53.68	6:25.94	6:57.83	7:30.31	8:02.79	8:35.37
				9:07.98	9:40.33	10:12.62	10:44.37	11:16.27	11:48.03	12:19.65	12:51.76
				13:24.01	13:55.91	14:27.40	14:59.11	15:30.38	15:59.49		
3 Matthew Anderson	17	Warrender	16:13.55	29.30	1:01.27	1:33.49	2:05.94	2:38.43	3:10.94	3:43.40	4:15.64
				4:47.93	5:20.45	5:52.48	6:24.63	6:57.09	7:29.86	8:02.74	8:35.51
				9:08.38	9:41.10	10:14.14	10:47.05	11:19.60	11:52.43	12:25.56	12:58.78
				13:31.76	14:04.82	14:37.13	15:10.07	15:42.56	16:13.55		
4 Sean Campsie	19	Warrender	16:19.60	29.27	1:01.23	1:33.26	2:05.67	2:38.20	3:11.00	3:43.93	4:16.77
				4:49.43	5:22.07	5:54.94	6:27.62	7:00.34	7:33.10	8:05.96	8:38.90
				9:12.13	9:45.18	10:18.33	10:51.31	11:24.56	11:57.61	12:30.77	13:03.86
				13:37.15	14:10.46	14:43.48	15:16.66	15:49.14	16:19.60		
5 Ross Woolley	21	Warrender	16:27.38	28.88	1:00.69	1:33.18	2:05.94	2:38.45	3:11.29	3:44.16	4:16.93
				4:49.27	5:22.09	5:55.21	6:28.41	7:01.60	7:34.68	8:07.80	8:41.36
				9:14.76	9:48.30	10:22.16	10:55.93	11:29.44	12:02.71	12:36.02	13:09.47
				13:43.00	14:16.50	14:50.05	15:23.53	15:56.86	16:27.38		
6 Craig Bowman	17	Carnegie	16:29.62	28.58	1:00.58	1:33.83	2:06.66	2:39.42	3:12.72	3:46.74	4:20.45
				4:54.01	5:27.90	6:01.66	6:35.79	7:08.99	7:42.58	8:16.27	8:50.08
				9:23.95	9:58.13	10:31.26	11:05.14	11:38.29	12:11.44	12:44.71	13:18.08
				13:51.67	14:24.76	14:57.89	15:30.66	16:00.58	16:29.62		
7 David Mulligan	17	Warrender	16:30.68	29.58	1:02.45	1:35.73	2:09.14	2:42.31	3:15.74	3:49.04	4:22.81
				4:56.09	5:29.32	6:02.60	6:36.43	7:10.21	7:43.60	8:17.05	8:50.33
				9:23.82	9:57.43	10:30.95	11:04.35	11:37.81	12:11.10	12:44.54	13:17.76
				13:51.17	14:24.66	14:58.14	15:30.92	16:01.05	16:30.68		
8 James Black	17	Warrender	16:31.16	29.86	1:02.32	1:34.79	2:07.73	2:40.52	3:13.44	3:46.34	4:19.32
				4:52.43	5:25.21	5:58.10	6:30.90	7:04.13	7:37.58	8:10.81	8:44.46
				9:18.02	9:51.54	10:25.21	10:58.44	11:31.16	12:04.36	12:37.94	13:11.46
				13:45.05	14:18.60	14:52.34	15:25.85	15:58.72	16:31.16		
9 Calum Reid	18	Warrender	16:32.21	29.55	1:01.93	1:35.15	2:08.87	2:42.27	3:15.55	3:48.81	4:22.42
				4:56.32	5:30.21	6:03.51	6:36.88	7:10.02	7:43.17	8:16.35	8:49.52
				9:22.72	9:55.89	10:29.18	11:02.20	11:35.35	12:08.45	12:41.48	13:14.87
				13:48.26	14:21.51	14:54.57	15:28.06	16:00.57	16:32.21		
10 Dale Welstead	18	Warrender	16:38.61	29.27	1:02.57	1:35.42	2:08.75	2:41.89	3:15.24	3:48.18	4:21.73
				4:54.92	5:28.32	6:01.27	6:34.61	7:07.88	7:41.30	8:14.96	8:48.81
				9:22.43	9:56.50	10:30.16	11:03.72	11:37.52	12:11.19	12:44.12	13:17.84
				13:51.89	14:25.29	14:58.62	15:32.45	16:05.85	16:38.61		



East District Age Group Championships

Michael Woods Centre, Glenrothes – 3rd November 2013

Session 3 – Results



Event 201 Boys 16 & Over 1500 Metre Freestyle (continued)

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
11 Daniel Lim	17	Warrender	16:52.02	29.46	1:01.69	1:34.38	2:07.26	2:40.37	3:13.84	3:47.35	4:21.27
				4:55.20	5:29.21	6:02.87	6:37.15	7:11.17	7:45.51	8:19.21	8:53.29
				9:27.56	10:01.87	10:36.04	11:10.20	11:44.34	12:18.73	12:53.23	13:27.61
				14:02.01	14:36.30	15:10.54	15:44.56	16:18.28	16:52.02		
12 Daniel McGregor	16	Warrender	16:54.43	29.24	1:01.65	1:34.35	2:07.08	2:39.98	3:13.01	3:46.52	4:20.07
				4:53.84	5:27.49	6:01.45	6:35.59	7:09.75	7:44.25	8:18.73	8:53.19
				9:27.87	10:02.55	10:37.03	11:11.98	11:45.68	12:21.26	12:55.70	13:30.39
				14:05.12	14:39.70	15:13.59	15:47.96	16:21.72	16:54.43		
13 James Lowder	16	Heart Of Mid	17:13.78	30.38	1:02.76	1:35.49	2:08.48	2:42.07	3:15.93	3:49.72	4:23.20
				4:57.07	5:31.11	6:05.25	6:39.87	7:14.60	7:49.00	8:23.59	8:58.12
				9:33.03	10:08.14	10:42.88	11:18.39	11:53.21	12:28.57	13:04.18	13:40.39
				14:13.68	14:49.20	15:25.78	16:01.39	16:38.35	17:13.78		
14 Henry Mackenzie	16	Warrender	17:23.30	28.33	1:01.51	1:34.44	2:07.71	2:41.43	3:15.44	3:49.18	4:23.66
				4:58.01	5:33.60	6:09.34	6:45.18	7:20.01	7:55.75	8:29.82	9:05.61
				9:40.71	10:16.55	10:52.56	11:26.90	12:02.95	12:38.34	13:14.21	13:51.42
				14:28.23	15:04.51	15:38.42	16:13.66	16:49.34	17:23.30		
15 Fraser Reid	16	Carnegie	17:27.03	29.67	1:02.45	1:35.64	2:09.55	2:43.29	3:17.57	3:52.79	4:28.08
				5:03.03	5:38.91	6:14.70	6:50.44	7:26.30	8:02.15	8:37.85	9:13.99
				9:49.66	10:25.16	11:00.63	11:36.54	12:11.73	12:47.45	13:22.89	13:58.32
				14:33.92	15:09.69	15:44.72	16:19.99	16:55.85	17:27.03		
16 James MacFarlane	16	Livingston	17:30.06	30.18	1:04.04	1:38.20	2:12.73	2:47.69	3:22.31	3:57.61	4:33.02
				5:08.06	5:43.17	6:18.29	6:54.05	7:29.27	8:04.83	8:40.09	9:15.08
				9:50.64	10:25.91	11:01.33	11:36.44	12:12.43	12:47.86	13:22.97	13:58.71
				14:34.10	15:09.65	15:44.87	16:20.52	16:55.92	17:30.06		
17 Andrew Hepburn	16	Warrender	17:39.02	29.68	1:03.49	1:38.02	2:12.67	2:47.93	3:23.42	3:59.50	4:35.33
				5:10.97	5:46.99	6:22.51	6:57.58	7:34.24	8:10.66	8:47.18	9:23.62
				10:00.17	10:34.17	11:09.26	11:45.27	12:21.26	12:57.66	13:31.59	14:07.48
				14:44.05	15:19.95	15:56.33	16:32.87	17:06.90	17:39.02		
18 Jordan Davidson	17	Aquanuts Li	18:42.95	30.49	1:04.34	1:39.06	2:15.26	2:52.14	3:28.87	4:04.98	4:43.27
				5:21.37	5:59.65	6:37.82	7:16.89	7:56.33	8:34.44	9:12.69	9:51.39
				10:29.32	11:07.21	11:47.28	12:25.21	13:04.06	13:43.59	14:21.34	14:58.58
				15:35.78	16:14.41	16:52.92	17:30.16	18:06.58	18:42.95		

Event 202 Girls 10-12 100 Metre IM

Name	Age	Club	Time	50	100
1 Lexie Waller	12	Heart Of Mid	1:14.96	32.89	1:14.96
2 Anna Balfour	12	Tranent	1:15.26	35.26	1:15.26
3 Keanna MacInnes	12	Heart Of Mid	1:15.51	34.02	1:15.51
4 Catherine Soeder	12	Kelso	1:16.42	35.48	1:16.42
5 Catrina McManus	12	Tranent	1:17.84	34.95	1:17.84
6 Eilidh MacKinnon	12	Carnegie	1:20.18	36.51	1:20.18
7 Amy Richardson	12	Kelso	1:20.44	37.85	1:20.44
8 Ruth Thomson	12	Haddington	1:20.88	36.86	1:20.88
9 Nicola Lees	12	Fauldhouse	1:21.50	37.19	1:21.50
10 Ellie Turner	10	Carnegie	1:22.03	37.56	1:22.03
11 Abbie Crossan	12	Eyemouth	1:22.63	39.42	1:22.63
12 Eilidh McCabe	12	Broxburn	1:23.20	38.95	1:23.20
13 Lucy Ross	12	Carnegie	1:23.81	38.31	1:23.81
14 Ailsa Inglis	12	Heart Of Mid	1:23.94	39.43	1:23.94
15 Dana Brand	12	InCAS	1:24.13	37.80	1:24.13
16 Karen Heath	11	Broxburn	1:24.15	38.93	1:24.15
17 Niamh Moloney	11	Carnegie	1:24.19	39.83	1:24.19
*18 Lucy Calderhead	12	Tranent	1:24.54	39.81	1:24.54

**East District Age Group Championships**

Michael Woods Centre, Glenrothes – 3rd November 2013

Session 3 – Results**Event 202 Girls 10-12 100 Metre IM (continued)**

Name	Age	Club	Time	50	100
*18 Lindsay Jack	12	Teviotdale	1:24.54	37.00	1:24.54
20 Hayley Nimmo	12	Burntisland	1:25.74	41.58	1:25.74
21 Eve Thomson	11	Midlothian	1:26.68	39.95	1:26.68
22 Christen Russell	11	Tranent	1:27.23	40.75	1:27.23
23 Rosie Berwick	11	Haddington	1:27.63	41.38	1:27.63
24 Cera Gemmell	11	Haddington	1:28.56	41.53	1:28.56
25 Lucy Ballantyne	12	Haddington	1:29.43	40.10	1:29.43
26 Megan Watt	12	Haddington	1:29.51	42.49	1:29.51
27 Jodie Finlay	11	Midlothian	1:30.23	41.67	1:30.23
28 Sam Paterson	12	Midlothian	1:31.61	43.14	1:31.61
29 Ali Moultrie-Waring	10	InCAS	1:32.51	43.78	1:32.51
30 Jessica Douglas	11	Eyemouth	1:32.65	43.66	1:32.65
31 Lucy Lucas	10	Haddington	1:33.84	43.73	1:33.84
32 Erin Crawford	11	Haddington	1:34.22	44.52	1:34.22
33 Anna Lissaman	11	Haddington	1:35.86	44.77	1:35.86
34 Mia Blair	10	Haddington	1:36.84	44.39	1:36.84
35 Tavia Middleton	10	Haddington	1:38.64	45.39	1:38.64
36 Ailsa Kellas	10	Burntisland	1:39.97	45.23	1:39.97
37 Eireann Comrie	10	Burntisland	1:40.41	45.52	1:40.41
38 Jessica Morrison	12	Eyemouth	1:42.52	47.68	1:42.52
39 Alice Stark	10	Burntisland	1:44.40	47.67	1:44.40
40 Alicia Thomson	10	Burntisland	1:48.73	48.26	1:48.73
--- Jodie Marshall	12	Eyemouth	DQ		

Event 202 Girls 13 Year Olds 100 Metre IM

Name	Age	Club	Time	50	100
1 Katy Smith	13	Tranent	1:13.21	32.72	1:13.21
2 Megan McGhee	13	Carnegie	1:13.41	33.80	1:13.41
3 Niamh Brett	13	Warrender	1:15.30	33.99	1:15.30
4 Catherine Comrie	13	Burntisland	1:16.03	34.58	1:16.03
5 Sophie Annan	13	Heart Of Mid	1:16.27	35.37	1:16.27
6 Anna MacKay	13	Midlothian	1:18.54	36.60	1:18.54
7 Hannah Ewing	13	Warrender	1:19.06	36.02	1:19.06
8 Katie Golder	13	Midlothian	1:19.28	35.70	1:19.28
9 Kiara MacKay	13	InCAS	1:19.66	36.62	1:19.66
10 Erin Donaldson	13	InCAS	1:20.30	38.10	1:20.30
11 Lauren Prior	13	Eyemouth	1:20.49	36.48	1:20.49
12 Abbi Brindley	13	Haddington	1:20.50	36.04	1:20.50
13 Brigid Hay	13	Haddington	1:20.88	37.94	1:20.88
14 Cate Goodman	13	Heart Of Mid	1:23.85	39.16	1:23.85
15 Millie Knox	13	InCAS	1:24.44	38.49	1:24.44
16 Kirsten Heath	13	Livingston	1:26.52	40.27	1:26.52
17 Tamara D'Souli	13	Aquanuts Li	1:26.73	38.73	1:26.73
18 Taine Middleton	13	Haddington	1:27.38	40.43	1:27.38
19 Katie Skilbeck	13	Midlothian	1:30.44	42.46	1:30.44

Event 202 Girls 14 Year Olds 100 Metre IM

Name	Age	Club	Time	50	100
1 Lauren Sutherland	14	Midlothian	1:09.28	32.85	1:09.28
2 Mhairi Swanson	14	Heart Of Mid	1:11.05	32.09	1:11.05
3 Sarah Donnelly	14	Carnegie	1:11.97	31.87	1:11.97
4 Ellie Neil	14	Warrender	1:12.51	32.92	1:12.51
5 Claire Moloney	14	Carnegie	1:13.20	33.31	1:13.20
6 Beth McFarlane	14	Midlothian	1:14.70	35.97	1:14.70
7 Claire Lee	14	Carnegie	1:15.99	34.65	1:15.99
8 Ellenor Gracey	14	Eyemouth	1:16.28	35.89	1:16.28

**East District Age Group Championships**

Michael Woods Centre, Glenrothes – 3rd November 2013

Session 3 – Results**Event 202 Girls 14 Year Olds 100 Metre IM (continued)**

	Name	Age	Club	Time	50	100
9	Charlie Cavens	14	Warrender	1:16.76	34.88	1:16.76
10	Kathryn Swinney	14	Peebles	1:17.25	33.40	1:17.25
11	Ciara Simms	14	Warrender	1:17.71	35.19	1:17.71
12	Chloe Laird	14	Haddington	1:17.95	36.34	1:17.95
13	Sophie Ross	14	Carnegie	1:18.07	34.91	1:18.07
14	Rachel Avey	14	Heart Of Mid	1:19.01	36.35	1:19.01
15	Olivia Pinto	14	Livingston	1:19.15	35.40	1:19.15
16	Erin Robertson	14	Livingston	1:19.17	37.34	1:19.17
17	Caitlin Smith	14	Livingston	1:19.80	38.06	1:19.80
18	Eve Lissaman	14	Haddington	1:20.08	35.99	1:20.08
19	Vaila Robertson	14	Midlothian	1:22.54	37.90	1:22.54
20	Lucy Hallam	14	Carnegie	1:24.59	38.74	1:24.59

Event 202 Girls 15 Year Olds 100 Metre IM

	Name	Age	Club	Time	50	100
1	Tain Bruce	15	Carnegie	1:05.68	30.60	1:05.68
2	Emma Crawford	15	Haddington	1:07.29	30.91	1:07.29
3	Alyx Cunningham	15	Tranent	1:10.56	32.14	1:10.56
4	Shannon Paterson	15	Broxburn	1:12.04	33.11	1:12.04
5	Lucy Thomson	15	Carnegie	1:13.68	34.09	1:13.68
6	Kirsty Forsyth	15	Livingston	1:14.82	33.05	1:14.82
7	Michaela Slawson	15	Heart Of Mid	1:17.15	33.95	1:17.15
8	Morven Rae-Seaman	15	Fins	1:17.44	35.67	1:17.44
9	Beth Denholm	15	Midlothian	1:18.15	36.50	1:18.15
10	Ailidh McManus	15	Tranent	1:18.48	37.02	1:18.48
11	Eilidh Edmiston	15	Midlothian	1:18.56	36.77	1:18.56
12	Paige Minnikin	15	Eyemouth	1:18.99	34.41	1:18.99

Event 202 Girls 16 & Over 100 Metre IM

	Name	Age	Club	Time	50	100
1	Rachael O'Donnell	17	Carnegie	1:04.18	29.87	1:04.18
2	Kirsty Simpson	17	Carnegie	1:04.90	28.99	1:04.90
3	Samantha Caulfield	16	Carnegie	1:05.81	30.58	1:05.81
4	Zoe Mitchell	17	Carnegie	1:07.51	30.81	1:07.51
5	Chelsea Lawson	17	Carnegie	1:08.72	30.29	1:08.72
6	Shona Mackie	16	Aquanauts Li	1:09.62	31.30	1:09.62
7	Robyn Flockhart	18	Eyemouth	1:11.44	33.45	1:11.44
8	Paige Aitchison	17	Heart Of Mid	1:12.00	32.87	1:12.00
9	Erin Cooper	16	Trojan	1:14.69	32.89	1:14.69
10	Stephanie Campbell	16	Fins	1:18.93	35.73	1:18.93
11	Amy Sylvester	16	Midlothian	1:19.84	37.04	1:19.84